Unilateral hearing loss A guide for parents and carers

Ear Care and Audiology Services

patient information



Hearing about your experience of our services is very important as it means we can pass compliments on to our staff and make improvements where necessary. Tell us what you think by emailing us at: your.experience@nhs.net

Slovak

Slovensky

کوردی سۆرانی

Ak vy alebo niekto koho poznáte potrebuje pomoc pri pochopení alebo čítaní tohto dokumentu, prosím kontaktujte nás na vyššie uvedenom čísle alebo nám pošlite e-mail.

Kurdish Sorani

نەڭكىر ئۇ يان كەسىلىك كە ئۇ دەيلىاسى پلويسىتى بەيارمەتى ھەيلىت بۇ نەۋەى لەم بەلگەنامە بە ئېپگات يان بېخوپلېلىتەوە، ئىكايە پەيوەندىمان پلوە بىكە لەسەر نەي ژمارەيەى سەر دودا يان بەو نىمەيلە.

Arabic

إذا كنت انت أواي شخص تعرفه بحاجة إلى مساعدة لفهم أوقراءة هذه الوثيقة، الرجاء الاتصال على . الرقم اعلاه، أو مراسلتنا عبر البريد الإلكتروني

Urdu

اگر آپ یا آپ کے جاننے والے کسی شخص کو اس دستاویز کو سمجھنے یا پڑ ھنے کیلئے مدد کی ضرورت ھے تو برانے مھربانی مندرجہ بالا نمبر پر ھم سے رابطہ کریں یا ھمیں ای میل کریں۔

Farsi

فارسى اگر جن^{ّا}ب عالی یا شخص دیگری که شما اور ا می شناسید بر ای خواندن یا فهمیدن این مدارک نیاز به کمک دارد لطفا با ما بوسیله شماره بالا یا ایمیل تماس حاصل فرمایید.

If you require this document in another language, large print, braille, audio or easyread format, please ask our healthcare providers

*Note to healthcare providers:

Translated / easyread healthcare information can be sourced via the Easyread websites listed at the back of this leaflet or via contacting our translation service which can be accessed through the Hub.

Unilateral hearing loss

The hearing tests done today show that your child has a unilateral (one sided) hearing loss.

What does this mean?

This means that your child's hearing is within normal range in one of their ears, but the other ear is not hearing as well as it should be.

Will this hearing loss be permanent?

It is dependent on the type of hearing loss on the affected side they have. If it is sensorineural in nature then yes.

How will this affect my child?

The good news is that most children with this type of hearing loss, generally, manage really well. Children with a unilateral hearing loss normally cope very well, and make the best of their good ear.

Speech and language usually develop in the normal way. However, children may have problems with:

- hearing distant or quiet speech
- knowing where sounds are coming from
- hearing speech when they are somewhere noisy.

Unilateral hearing loss

What treatment may be suggested?

The audiologist will have discussed with you different treatment options based on your child's hearing loss. It is important that your child has regular hearing checks, so that we can ensure that the child's better ear remains good.

Glue ear is a condition which can temporarily mean that your child's hearing is poorer than normal. Your child will be referred to a specialist if this is the case, or if there is any of changes which require their input.

A hearing aid may be beneficial. The type of aid, and when this is implemented will depend on how well your child is managing and on their development.

What should I do if my child's hearing gets worse?

If you (and/or your child) notice any changes in hearing level then you must contact us to arrange an appointment as soon as possible.

Is there anything I can do to help my child?

Yes. Ways in which you can help your child include:

- 1. Make sure that your child has a clear view of your face when you are talking to him/her and speak clearly. This is the same for teachers at school.
- **2.** Try to keep background noise to a minimum when talking to your child.
- **3.** Make sure everyone who spends time with your child is aware that he or she may have difficulty with hearing, particularly in noisy surroundings.
- **4.** When at school make sure that your child sits with their better ear towards the teacher, or near the front of the class.
- 5. Protect their hearing: use ear protectors as advised.
- **6.** Encourage use of their hearing aid (if this has been provided for your child).

What should I do if I have any further questions?

If you have any questions about the results of the assessment or this leaflet then please call Ear Care and Audiology on **01709 423415** and ask to speak to an Audiologist.

You can also write them down and we'll discuss them at your next appointment.

Have a look at the NDCS (National Deaf Children Society) Website at **www.NDCS.org.uk**

How to contact us

Rotherham Ear Care and Audiology Department Rotherham Community Health Centre

Greasbrough Road Rotherham S60 1RY 01709 423145

Rotherham Hospital Switchboard Telephone 01709 820000

Useful contact numbers

If it's not an emergency, please consider using a Pharmacy or call NHS 111 before going to A&E.

Action on Hearing Loss Telephone/Textphone: 01709 514268 Sensory Services Department Telephone 01709 822330

Connevans

Telephone 01737 247571

NHS 111 Service Telephone 111

Health Info Telephone 01709 427190

Stop Smoking Service Telephone 01709 422444 UECC (A&E) Telephone 01709 424455

For GP out of hours, contact your surgery

Produced by Mr Christopher Hammond-Race Date Produced: July 2020. Revision Due: July 2022. Version: 1.0 ©The Rotherham NHS Foundation Trust 2020. All rights reserved.

Useful websites

www.NDCS.org.uk www.earcarecentre.com www.therotherhamft.nhs.uk www.nhs.uk www.gov.uk www.gov.uk www.patient.co.uk www.connevans.co.uk www.actiononhearingloss.org.uk www.tinnitus.org.uk

Easyread websites

www.easyhealth.org.uk www.friendlyresources.org.uk www.easy-read-online.co.uk

We value your comments

If you have any comments or concerns about the services we have provided please let us know, or alternatively you can contact the Patient Experience Team.

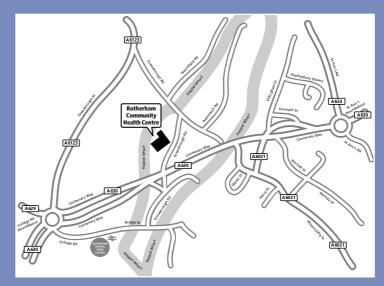
Patient Experience Team

The Oldfield Centre The Rotherham NHS Foundation Trust Rotherham Hospital Moorgate Road Rotherham S60 2UD

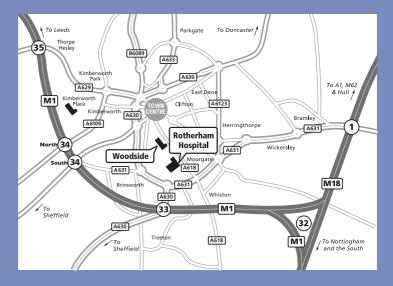
Telephone: 01709 424461 Monday to Friday 9.00am until 5.00pm Email: your.experience@nhs.net

How to find us

Rotherham Community Health Centre main routes

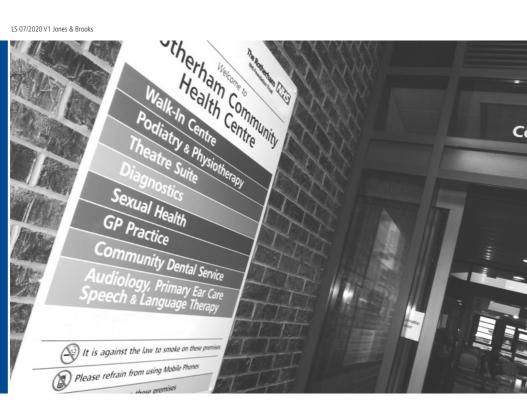


Rotherham main routes





LS 07/2020 V1 Jones & Brooks





Rotherham Hospital Moorgate Road Oakwood Rotherham S60 2UD

Telephone 01709 820000 www.therotherhamft.nhs.uk

